

**U.S. Department of Health And Human Services  
Substance Abuse and Mental Health Services Administration  
Treatment of Adolescents With Substance Use Disorders (TIP 32)**

Type of Treatment	Use Pattern	Medical Concerns	Intra personal	Interpersonal	Environmental
Outpatient treatment	<ul style="list-style-type: none"> <li>■ Problem (s) resulting from use or low-to-moderate current use</li> </ul>	<ul style="list-style-type: none"> <li>■ Low-to moderate use without anticipated withdrawal</li> </ul>	<ul style="list-style-type: none"> <li>■ Less effective coping skills</li> <li>■ Less competent emotional/cognitive functioning</li> <li>■ Still able to function in a non structured setting</li> </ul>	<ul style="list-style-type: none"> <li>■ Identified deficiencies in relationships with significant others and history of substance use and / or other risk-related behaviors that increase the potential for developing a SUD</li> <li>■ Able to function in a non structured setting</li> </ul>	<ul style="list-style-type: none"> <li>■ Environmental/contextual factors affect the individual but do not warrant removal from current living situation</li> <li>■ Needs to be supported by minimal treatment</li> </ul>
Intensive outpatient treatment	<ul style="list-style-type: none"> <li>■ Problem (s) resulting from use</li> <li>■ Moderate-to-heavy recent use</li> </ul>	<ul style="list-style-type: none"> <li>■ Subacute toxicity</li> <li>■ Social support for detoxification</li> <li>■ Compliance regimen</li> </ul>	<ul style="list-style-type: none"> <li>■ Ineffective but functional coping skills</li> <li>■ Less competent emotional/cognitive functioning</li> <li>■ Requires marginally structured setting</li> </ul>	<ul style="list-style-type: none"> <li>■ Identified deficiencies in relationships with significant others and history of substance use and / or other risk - related behaviors that increase the potential for developing a SUD</li> <li>■ Requires marginally structured setting</li> </ul>	<ul style="list-style-type: none"> <li>■ Environmental/contextual factors impact the individual but do not warrant removal from current living situation</li> <li>■ Needs to be supported by moderate treatment</li> </ul>
Day treatment partial hospitalization	<ul style="list-style-type: none"> <li>■ Problem (s) resulting from use</li> <li>■ Moderate-to-heavy recent use</li> </ul>	<ul style="list-style-type: none"> <li>■ Pre-morbid/sub-acute toxicity</li> <li>■ Compliant with detoxification regimen</li> </ul>	<ul style="list-style-type: none"> <li>■ Ineffective but functional coping skills</li> <li>■ Less competent emotional/cognitive functioning</li> <li>■ Requires moderately structured setting</li> </ul>	<ul style="list-style-type: none"> <li>■ Identified deficiencies in relationships with significant others and history of substance use or other history of substance use or other behaviors that place individuals at risk for developing SUD</li> <li>■ Requires moderately structured setting</li> </ul>	<ul style="list-style-type: none"> <li>■ Environmental/contextual factors impact the individual but do not warrant removal from current living situation</li> <li>■ Needs to be supported by intensive treatment</li> </ul>
Primary Prevention	<ul style="list-style-type: none"> <li>■ No history of use</li> <li>■ No current use</li> </ul>	<ul style="list-style-type: none"> <li>■ Not applicable</li> </ul>	<ul style="list-style-type: none"> <li>■ Developmentally appropriate</li> <li>■ Effective coping skills</li> <li>■ Moderate-to-high emotional/cognitive functioning</li> </ul>	<ul style="list-style-type: none"> <li>■ Demonstrates developmentally appropriate, social interpersonal behavior</li> <li>■ Maintains responsible relationships with significant others</li> </ul>	<ul style="list-style-type: none"> <li>■ May have no significant impact</li> </ul>
Anticipatory guidance and support	<ul style="list-style-type: none"> <li>■ Positive history of use</li> <li>■ No current use</li> </ul>	<ul style="list-style-type: none"> <li>■ Not applicable</li> </ul>	<ul style="list-style-type: none"> <li>■ Less effective coping skills, but competent emotional and cognitive functioning</li> </ul>	<ul style="list-style-type: none"> <li>■ Demonstrates developmentally appropriate social interpersonal behavior</li> <li>■ Maintains responsible relationships with significant others</li> <li>■ History of substance use and/or other risk-related behaviors that increase the potential for developing a psychoactive substance use</li> </ul>	<ul style="list-style-type: none"> <li>■ One or more environmental/contextual factors that increase personal vulnerability (family history of substance use disorder)</li> </ul>

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				<ul style="list-style-type: none"> <li>■ disorder (SUD)</li> <li>■ Able to function in a non structured setting</li> </ul>	
Brief office intervention	<ul style="list-style-type: none"> <li>■ Problem resulting from use</li> <li>■ Low-to-moderate current use</li> </ul>	<ul style="list-style-type: none"> <li>■ No anticipated withdrawal</li> </ul>	<ul style="list-style-type: none"> <li>■ High-risk peer group</li> <li>■ Still able to function in non structured setting</li> </ul>	<ul style="list-style-type: none"> <li>■ Maintains responsible relationships with significant others</li> </ul>	<ul style="list-style-type: none"> <li>■ One or more environmental risk factors</li> </ul>
Medically monitored intensive inpatient	<ul style="list-style-type: none"> <li>■ Problem(s) resulting from use</li> <li>■ Moderate-to-heavy recent use</li> </ul>	<ul style="list-style-type: none"> <li>■ Pre morbid subacute toxicity requiring 24-hour medical monitoring</li> <li>■ Other medical concerns that cannot be handled with outpatient treatment</li> </ul>	<ul style="list-style-type: none"> <li>■ Dysfunctional coping skills</li> <li>■ Emotional/cognitive/psychiatric impairment requiring 24-hour structured setting</li> </ul>	<ul style="list-style-type: none"> <li>■ Dysfunctional relationships and behaviors that <i>do not pose</i> an immediate threat to self and / or others but that require 24-hour structured care</li> </ul>	<ul style="list-style-type: none"> <li>■ Environmental/contextual factors dictate individual must be removed from adverse influences of the current living situation</li> </ul>
Medically managed intensive inpatient	<ul style="list-style-type: none"> <li>■ Problem(s) resulting from use</li> <li>■ Moderate-to-heavy recent use</li> </ul>	<ul style="list-style-type: none"> <li>■ Morbid, acute toxicity (overdose) that may require life support</li> <li>■ All medically complicating conditions, including those requiring life support / intensive care</li> </ul>	<ul style="list-style-type: none"> <li>■ Dysfunctional coping skills</li> <li>■ Emotional / cognitive / psychiatric impairment requiring 24-hour structured care and continuous psychiatric monitoring</li> </ul>	<ul style="list-style-type: none"> <li>■ Dysfunctional relationships and behaviors that <i>may pose</i> an immediate threat to self and / or others and that require 24-hour structured care and psychiatric management</li> </ul>	<ul style="list-style-type: none"> <li>■ Environmental/contextual factors dictate individual must be removed from adverse influences of the current living situation</li> </ul>
Intensive residential treatment	<ul style="list-style-type: none"> <li>■ Problems resulting from use</li> <li>■ No recent Moderate-to-heavy use</li> </ul>	<ul style="list-style-type: none"> <li>■ No detoxification required</li> <li>■ Medical conditions that cannot be handled with outpatient medical management and / or which do not require life support / intensive treatment services</li> </ul>	<ul style="list-style-type: none"> <li>■ Dysfunctional coping skills</li> <li>■ Emotional / cognitive / psychiatric impairment</li> <li>■ Requires long-term residential treatment, including psychiatric and activities of daily living services</li> </ul>	<ul style="list-style-type: none"> <li>■ Dysfunctional relationships and behaviors that <i>do not pose</i> an immediate threat to self and / or others but which require 24-hour structured care, including services and possibly psychiatric services</li> <li>■ Behavior manageable within a structured setting</li> </ul>	<ul style="list-style-type: none"> <li>■ Environmental/contextual factors dictate individual must be removed from adverse influences of the current living situation</li> </ul>
Residential psychosocial care	<ul style="list-style-type: none"> <li>■ Problems resulting from use</li> <li>■ No recent Moderate-to-heavy use</li> </ul>	<ul style="list-style-type: none"> <li>■ Detoxification services not required</li> <li>■ No special medical services required on site</li> </ul>	<ul style="list-style-type: none"> <li>■ Dysfunctional coping skills</li> <li>■ Emotional / cognitive / psychiatric impairment</li> <li>■ Requires supervision in structured setting, and other psycho social</li> </ul>	<ul style="list-style-type: none"> <li>■ Dysfunctional relationships and behaviors that <i>do not pose</i> an immediate threat to self and / or others but which require behavior management within a structured setting which provides supervision,</li> </ul>	<ul style="list-style-type: none"> <li>■ Environmental/contextual factors dictate individual must be removed from adverse influences of current living</li> </ul>

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			rehabilitation	and other psycho social rehabilitation	situation
Halfway house	<ul style="list-style-type: none"> <li>■ Problems resulting from use</li> <li>■ No recent Moderate-to-heavy use</li> </ul>	<ul style="list-style-type: none"> <li>■ Detoxification services not required</li> <li>■ No special medical services required on site</li> </ul>	<ul style="list-style-type: none"> <li>■ Adequate coping skills</li> <li>■ Has moderate-to-high level of emotional / cognitive functioning but requires some supervision</li> </ul>	<ul style="list-style-type: none"> <li>■ Ability to establish social relationships that support recovery</li> <li>■ Able to self- regulate behavior with minimal structure / supervision</li> </ul>	<ul style="list-style-type: none"> <li>■ Environmental/ contextual factors dictate individual must be removed from current living situation, or other adverse circumstances</li> </ul>
Group home / group living	<ul style="list-style-type: none"> <li>■ Problems resulting from use</li> <li>■ No recent Moderate-to-heavy use</li> </ul>	<ul style="list-style-type: none"> <li>■ Detoxification services not required</li> <li>■ No special medical services required on site</li> </ul>	<ul style="list-style-type: none"> <li>■ Adequate coping skills</li> <li>■ Has moderate-to high level of emotional / cognitive functioning</li> <li>■ Able to live independently</li> </ul>	<ul style="list-style-type: none"> <li>■ Ability to establish social relationships that support recovery</li> <li>■ Self-regulates behavior consistent with standards of responsible group living without supervision</li> </ul>	<ul style="list-style-type: none"> <li>■ Environmental/ contextual factors dictate individual must be removed from current living situation, or other adverse circumstances</li> </ul>